


**Info:** The most current version of these instructions can be found online at [www.grahamfield.com](http://www.grahamfield.com).

- ⚠ **WARNING:** The GF6800 Bedside Assist Rail is intended to be used only on a traditional homestyle bed to provide support, increase stability, and assist the user when repositioning themselves in bed. Ensure you have read and understood the following safety information before installing or using the Home Bed Assist Rail. If you do not understand any part of these warnings, cautions or instructions, contact a healthcare professional for direction in the use of this product. If the Assist Rail is not properly installed and adjusted, personal injury and damage to the Assist Rail and bed could result.
- ⚠ **WARNING:** The Home Bed Assist Rail is not intended to prevent a patient from accidentally rolling out of bed. The Home Bed Assist Rail is not intended as a restraint device. **DO NOT** use the Home Bed Assist Rail as a restraint.
- ⚠ **WARNING:** **DO NOT** push or pull the bed by the Home Bed Assist Rail.
- ⚠ **WARNING:** If components are damaged or missing, contact your Graham-Field distributor immediately. **DO NOT** use substitute parts. Use only Lumex replacement parts. The use of non-Lumex replacement parts could cause personal injury, damage to the Home Bed Assist Rail, and void the warranty.
- ⚠ **WARNING:** Cancer and Reproductive Harm - [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).
- ⚠ **WARNING:** GF Health Products, Inc. assumes no responsibility for any damage or injury caused by improper installation or use of this product.
- ⚠ **WARNING:** Entrapment may occur. The bed frame and its components, including the mattress, bed side rails, head and foot board, bedding, and any accessories added to the bed, can all affect the risk of entrapment. Thorough patient assessment and monitoring are necessary to reduce the risk of entrapment, including establishing whether the use of a bed rail is in the best interest of the patient. Patients most vulnerable to entrapment are those who are frail, confused, restless, or who have uncontrolled body movement. Please read and understand the following bed rail decal before use:



**WARNING/  
SAFETY  
ALERT**

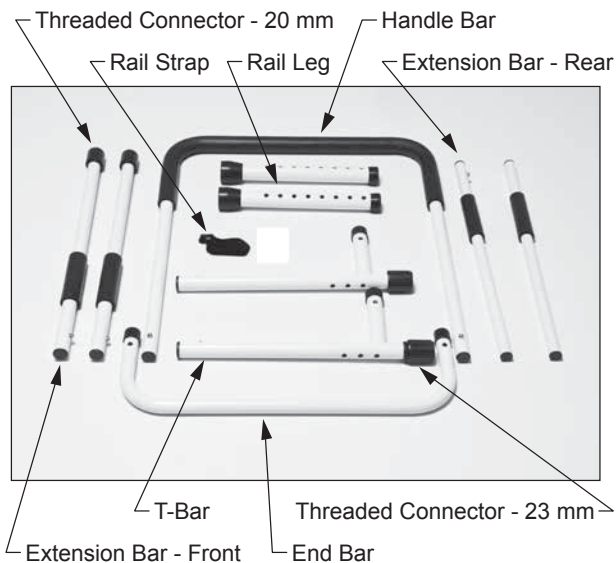
**BEWARE OF SIDE-RAIL ENTRAPMENT**  
Patient Entrapment with bed side rails may result in serious injury or death. **ALWAYS** evaluate patients for and guard against bed rail entrapment in accordance with medical protocols. Monitor patient frequently. Mattress **MUST** fit bed frame and side rails snugly to prevent entrapment. There may be an increased risk of entrapment when bed rails are used in conjunction with low air loss products. Follow the Safety Warnings and Operating Instructions in the Service/User's manual. Contact your dealer or [www.grahamfield.com](http://www.grahamfield.com).

## ASSEMBLY AND INSTALLATION

Remove all components from box.

Each box should include the following components (see picture at right).

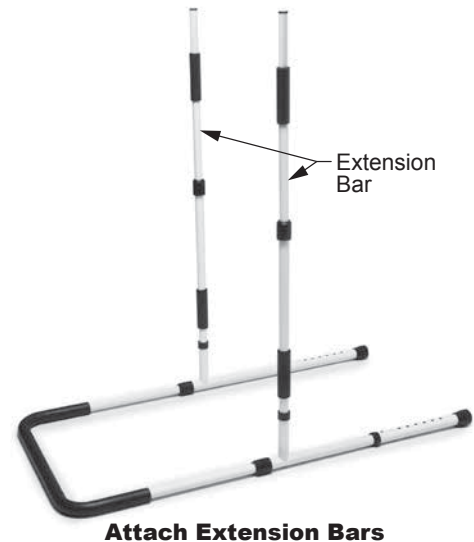
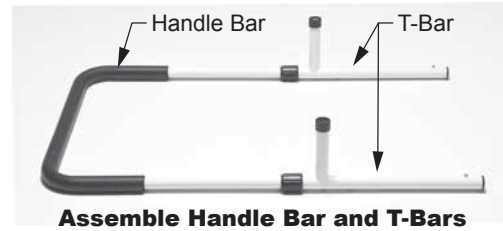
Description	Quantity
Extension Bar - Front	2
Extension Bar - Rear	2
T-Bar	2
End Bar	2
Rail Leg	2
Handle Bar	1
Rail Strap	1
Threaded Connector - 20 mm	2
Threaded Connector - 23 mm	2



**GF6800 Components**

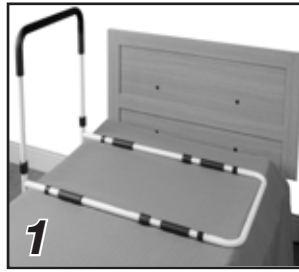
## Installation

1. Insert each Front Extension Bar into the Rear Extension Bar and slightly tighten the Threaded Connectors. Set aside.
2. Locate the Handle Bar and lay it flat on a smooth surface. Insert a T-Bar in each side of the Handle Bar with the shorter tubing directed upward, allowing the Handle Bar spring-loaded button to slip into the first T-Bar adjustment hole. You may need to loosen the Threaded Connectors to install, then tighten them after the final adjustment is made. Ensure the Handle Bar spring-loaded buttons protrude completely through the T-Bar holes.
3. Locate the two Rail Legs and insert each Leg into the T-Bar; adjust both Rail Legs to the desired height. Ensure the T-Bar spring-loaded buttons protrude completely through the Rail Leg holes.
4. Take the previously assembled Extension Bars and insert the larger diameter of each into the end of the T-Bar as shown at right. Ensure the Extension Bar spring-loaded buttons protrude completely from the T-Bar holes. The tubing should be a tight fit with little or no movement.
5. Insert the End Bar into both ends of the Extension Bars as shown at right. Ensure the Extension Bar spring-loaded buttons protrude completely from the End Bar holes.
6. Adjust the Extension Bar length as needed, and tighten all Threaded Connectors. Place Rail Strap around the End Bar. This will be used to strap the rail to the bed frame.



## Mounting on Bed

1. Remove mattress from box spring.
2. It is recommended to install rail less than 2.5" (60mm) or more than 12.5" (318mm) from head of bed (or headboard) to avoid possible entrapment.
3. Place Rail Support Frame between the box spring and the mattress with the Handle at desired position.
4. Secure Bedside Assist Rail to bed frame by securing Rail Strap tightly around bed frame.
5. Return mattress to bed.



**⚠ WARNING:**  
Ensure there is no gap between the edge of the mattress and the rail to avoid entrapment.

## Adjust Rail Leg Height

1. After the Bed Assist Rail is installed on the bed frame, adjust the Rail Legs to the desired height.
2. Ensure the Rail Legs are adjusted to the same height. Ensure the spring-loaded buttons go through the tubing and protrude completely from the opposite side.

**⚠ WARNING:** Before use, ensure the Home Bed Assist Rail is assembled and installed as described, that all attaching hardware is securely tightened, and that the Assist Rail is securely in place.

## OPERATION

- ⚠ WARNING:** Always ensure legs are adjusted to the same height and touch the floor. Ensure handle bar is steady before every use.
- ⚠ WARNING:** The Home Bed Assist Rail used in conjunction with a bed can assist an individual weighing up to 300 lb. The Assist Rail is designed to provide support, increase stability, and assist the user when repositioning themselves in bed. The Assist Rail is NOT designed, however, to support the total body weight of an individual. Use it for assistance ONLY.



Spring-Loaded Button

**Home Bed Assist Rail in Use**

## MAINTENANCE

- ⚠ WARNING:** During use, inspect the Assist Rail frequently to ensure that all attaching hardware is securely tightened and the Assist Rail is securely in place. Adjust as needed to ensure secure installation.

## Cleaning

To clean the Assist Rail, wash it with soap and water or a mild detergent, then rinse with water.

- ▲ NOTICE:** Never use abrasive cleaners or scouring pads on any part of the Assist Rail.

## SPECIFICATIONS:

Height adjustment from floor to top of handle	33.5" – 42.5"
Height adjustment from mattress base to top of handle	19" – 21"
Height adjustment from floor to base tubing support under mattress	15" - 22"
Length of rail base tubing support under mattress	43"
Overall width of handle	20"
Rail construction	Durable steel
Rail finish	Powder coat
Product weight	7.5 lb
Product maximum weight capacity	300 lb, <b>EVENLY DISTRIBUTED</b> (product is not designed to support the full weight of an individual)

## WARRANTY

GF Health Products, Inc. (Graham-Field) warrants the Lumex GF6800 Home Bed Assist Rail against manufacturer's defects for a period of one year. If a product is deemed to be under warranty, GF Health Products, Inc. shall provide, at its option, (1) replacement of any defective part or product or (2) a credit of the original selling price made to GF Health Products, Inc.'s initial customer. The warranty does not include any labor charges incurred in replacement part(s) installation or any associated freight or shipping charges to GF Health Products, Inc.

The warranties contained herein contain all the representations and warranties with respect to the subject matter of this document, and supersede all prior negotiations, agreements and understandings with respect thereto. The recipient of this document hereby acknowledges and represents that it has not relied on any representation, assertion, guarantee, warranty, collateral contract or other assurance, except those set out in this document.

**LUMEX**<sup>®</sup>  
by graham-field



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Information contained herein is subject to change without notice.  
The most current and complete product information can be found on our website.  
[www.grahamfield.com](http://www.grahamfield.com)

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