



T.E.N.S. and Muscle Stimulator Electrodes Directions for Use Self-Adhesive and Reusable

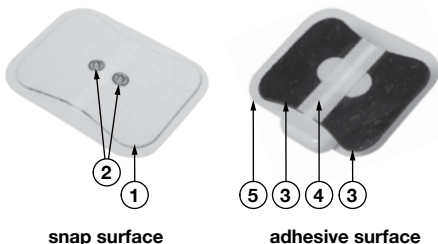
⚠ CONTRAINDICATION

- **Electrodes must not be used for stimulation on those with cardiac pacemakers, implanted defibrillators, or other implanted metallic or electronic devices.**

⚠ IMPORTANT

- **Electrodes are intended for single patient use only.**
- **Do not apply electrodes to broken skin. Should a skin rash occur, discontinue use and contact your physician. Do not stimulate while driving a motorized vehicle or operating machinery. Do not exceed 0.1 watts/cm².**
- **Consult your healthcare professional if you have any questions about the use of this device.**

ELECTRODE SNAP AND ADHESIVE SURFACES



1	Electrode pad
2	Contact plug / snap
3	Electrically conductive adhesive surface
4	Insulated surface
5	Protective backing

ELECTRODE APPLICATION

1. Clean skin thoroughly prior to the application of electrodes. Electrodes do not stick well if any lotion, oil, makeup, dirt, etc. is left on the skin.
2. Insert device's contact plug / snap into the TENS unit.
3. Remove the electrodes from the protective liner and apply firmly to the skin.

ELECTRODE REMOVAL

1. Lift electrode edges and peel.
2. Once removed, place the electrodes on the liner.

ELECTRODE CARE AND STORAGE

- Between uses, store the electrodes in the bag provided in a cool, dry place. Electrodes may be stored while attached to the device, providing the device is OFF.
- The length of electrode life varies depending on skin conditions, storage temperature, amount of use, type of stimulation, and stimulation site. Electrode life may be extended by carefully following the directions above.

WARNINGS AND ADVERSE REACTIONS

- ⚠ WARNING:** The long term effects of prolonged use of cutaneous electrodes for electrical stimulation are unknown.
- ⚠ WARNING:** Do not apply electrodes over the neck region. Severe spasm of the muscles may occur and the contractions may be strong enough to close the airway or cause difficulty breathing. Stimulation using electrodes placed over the neck could also have adverse effects on the heart rhythm or blood pressure.
- ⚠ WARNING:** Do not apply electrodes across the chest. The introduction of electrical current in the chest may cause rhythm disturbances to the heart.
- ⚠ WARNING:** Do not apply electrodes over, or in proximity to, cancerous lesions.
- ⚠ WARNING:** Do not share electrodes with others. Each user must have their own set of electrodes or undesirable skin reactions may occur.
- ⚠ WARNING:** Replace self-adhesive electrodes if they no longer stick firmly to the skin.
- ⚠ WARNING:** Some users may experience skin irritation or hypersensitivity as a result of the electrical stimulation, the electrode materials, or the electrical conductive medium (gel).
- ⚠ WARNING:** Keep electrodes out of the reach of children.
- ⚠ WARNING:** The size, shape and type of electrodes may affect the safety and effectiveness of your electrical stimulation treatments. Using electrodes that are too small could result in discomfort or skin burns. *Use the electrodes as advised by your physician.*
- ⚠ WARNING:** Skin irritation and burns beneath the electrodes have been reported with the use of electrodes applied to the skin.
- ⚠ WARNING:** Headache and other painful sensations have been reported during or following the application of electrical stimulation to the head, face, and near the eyes.
- ⚠ WARNING:** Cancer and Reproductive Harm - www.p65warnings.ca.gov.

WARNINGS AND ADVERSE REACTIONS, CONTINUED

- ⚠ **WARNING:** GF Health Products, Inc. specifically disclaims responsibility for any personal injury or property damage which may occur during any use which does not comply with federal, state, or local laws or ordinances.
- ⚠ **WARNING:** Discontinue use of this device and do not increase the intensity level if you feel discomfort during use.



1.770.368.4700

Information contained herein is subject to change.
The most current and complete product information
can be found on our website.

www.grahamfield.com

Follow us on



© 2018, GF Health Products, Inc. All Rights Reserved.

Grafc0 is a trademark of GF Health Products, Inc.,
One Graham-Field Way, Atlanta GA 30340-3140

GF Health Products, Inc. is an ISO 13485
Certified Company

Manufactured for GF Health Products, Inc.
Made in Taiwan